

Tuesday 7<sup>th</sup> September 2021

**NSPCC PANTS Assembly/class-based sessions**

Dear Parent/Carer,

This half term as part of our RSE strategy we will be discussing the NSPCC's Underwear Rule in our assemblies and lessons. During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse or harassment.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help.

The sessions will introduce a range of ideas, all delivered in a way that's fully ageappropriate.

These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

These sessions form a critical part of our safeguarding approach and they were outlined in the RSE consultation last year. The idea of consent and knowing who you can talk to should be introduced at an early age so that this becomes a part of the school's safeguarding culture. Our policy can be found on our website under Statutory Information and Curriculum.

The sessions will be delivered for Reception classes and upwards, and for Nursery when it is appropriate to their level of development.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at [www.nspcc.org.uk/underwearrule](http://www.nspcc.org.uk/underwearrule)

The charity provides resources for all parents, but there are also specific resources for carers and parents of children with special educational needs.

We will send a text home on the date of delivery, so that if children have any questions when they come home, you are aware that we have delivered the PANTS sessions.

If you have any questions or concerns please don't hesitate to get in touch.

Kind regards,  
Mrs Sercombe